

Big Sister, Little Sister Blacktown Express April 2004

18 year old Joshika Kishor has finally run into some good luck following her selection for participation in the inaugural Sister 2 Sister project.

Sister 2 Sister will run over the school holidays from April 19 – 23 in Darling Harbour.

This five day mentoring course is just the beginning of a 12 month program, designed to aid teenage girls who have endured extraordinary tough circumstances in their lives.

Joshika, a Doonside resident, was recommended for the program by her School Principal and Counsellor at Blacktown Girls High School. She is currently in year 12 undergoing her trial HCS exams, which she says is timely to her participation in Sister 2 Sister.

“I know the project is going to be very useful to me. I’m excited to learn grooming techniques and how to improve my self esteem, Joshika said.

Joshika was reluctant to discuss exactly what misfortunes she had endured throughout her life which made her qualify for the program, however, one major obstacle in her life was mourning of her father’s death at a very young age.

In total, 15 teenage girls across the Sydney Metropolitan have been selected to participate in Sister 2 Sister and they will be matched up with a “big sister” and these are volunteers’ from the community who take on the role of a mentor for 12 months.

The girls will continue to meet up with each other and their big sisters in group activities planned every two months, and then will return in 12 months to attend an evaluation course.