

# Mentoring Role For Shelley Manly Daily April 2004

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FORMER peninsula marathon swimmer, author of *Dangerous when Wet* and goals motivator for *Mornings with Kerri – Anne*, Shelley Taylor – Smith is working with a group of girls in a year long mentoring program.

Shelley will talk to the girls about how to overcome obstacles and live a happy, fulfilling life despite setbacks that life can throw their way.

She will work with 18 disadvantaged girls from throughout Sydney who attend the SISTER 2 sister Project held at the Four Points By Sheraton Darling Harbour during the second week of the school holidays.

“This five day mentoring course is just the beginning of a 12 – month program, designed to aid teenage girls who have endured extraordinary tough circumstances in their lives,” said Shelley.

“By exposing the girls to as many positive role models as possible and providing them with a strong support network, the program aims to help them turn their lives around.”

The course is being run by the Life Changing Experiences Foundation, founded last September by former teacher and life coach Jessica Brown, whose personal goal is to reach out and help alleviate the suffering of disadvantaged and underprivileged youth.

This Project was funded by volunteers within the community, including Rotary clubs and student representatives’ councils.

This week the girls will complete a Bridgeclimb, learn some etiquette skills, be given makeovers and learn some interview skills.

At their graduation they will present speeches, share stories of the obstacles they have faced and their future path to happiness and success.

The girls are provided with a “big sister,” volunteers from the community who take on the role of a mentor for 12 months and will meet up with each other and their big sisters in group activities planned every two months, and then will return in 12 months to attend an evaluation course