

Sisterly Love Helps

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Aida Hassan, a hairdresser from Riverwood, is a young woman making a difference in the community.

Just 22, Aida is the youngest volunteer in NSW to take on the role of a big sister in the Sister 2 Sister Project, a mentoring program for needy teenage girls.

Eighteen disadvantaged and underprivileged girls will experience a truly “life changing” event when they attend the Sister 2 Sister Project these school holidays, at the Four Points Sheraton-Darling Harbour.

The five day mentoring course is just the beginning of a 12-month program designed to aid teenage girls.

By exposing the girls to as many positive role models as possible and providing them with a strong support network, the program aims to help them turn their lives around.

Teacher Jessica Brown formed the Life Changing Experiences Foundation to help alleviate the suffering of disadvantaged and underprivileged youth.

This led to the creation of the Sister 2 Sister Project, giving girls the chance to break the cycle of destitution and abuse.

The girls are provided with a “big sister” – volunteers from the community who take on the role of a mentor for 12 months.

Highlights of the course are a Bridge climb, dining with two Home and Away stars, makeup and grooming, a visit from two top regional directors of Julia Ross Personnel and a graduation lunch at the stunning Blue Fish Café, Darling Harbour.

The girls will continue to meet up with each other and their big sisters in group activities planned every two months, and then will return in 12 months to attend an evaluation course.