

SISTERS SET TO SUPPORT MOSMAN TIMES April 2004

WENDY Buckingham and Julia Walker are committed to improving lives.

The two lower north shore women are mentors in a new project which aims to raise the self esteem of teenagers in need by offering them as many positive role models and experiences as possible.

The Life Changing Experiences Foundation's Sister 2 Sister project was founded in September last year by Jessica Brown

She says her goal in establishing the project was to "reach out and help alleviate the suffering of disadvantaged and underprivileged teenagers."

During the school holidays 18 teenagers took part in a five day course which ended with a graduation luncheon and presentation at Darling Harbour.

The course was designed to provide a safe environment where teenagers could have fun, relax, participate in a support network and learn that the past did not necessarily equal the future.

The foundation is looking for financial assistance for its work and more volunteer "big sisters".

Contact 1300 553 629