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# Pan cooks up top ideas

## MONIQUE COWPER

IF you are flat out of ideas for presents to buy mum on Mother's Day, a new book could provide some tasty recipes from some famous women as well as raising money for girls in need.

Turrumurra resident, general practitioner and television personality Cindy Pan is one of dozens of identities to contribute recipes to *Cooked With Love: Recipes My Mother Taught Me*.

The book is a way to celebrate mother-daughter relationships as

well as raising money for the SISTER2sister program which mentors young girls living in challenging circumstances.

Pan has long supported the program and was happy to contribute a favourite of most little girls, chocolate crackles.

"My mother was a good cook but I remember quite fondly the chocolate crackles," Pan said.

"In later years she became funny with them, making all these variations with mini marshmallows and glace cherries on top.

"She tried to make them glamorous and would always monitor how many were eaten to see how popular they were."

Proceeds goes to SISTER2sister which finds female mentors for girls going through things like parental loss to domestic violence, sexual abuse to depression.

"It really helps these girls and set them on a good track," Pan said. "It provides them with a network – positive influences."

● [lifechangingexperiences.org](http://lifechangingexperiences.org)



Cindy Pan, of Turrumurra, has taken part in a new book out for Mother's Day.